



# Children's Material

## Ages 4- 9

### Lesson 3

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#### SHARING THE SACRIFICE MEAL

## Sharing the Sacrifice Meal

These Children's Materials are inspired by the book Leviticus. For the book to be accessible to children, concepts from the book are given "handles" through the telling of bible stories. The intention is to have both adults and children study similar bible materials at the same time to encourage the unity of families in Christ. These suggested materials are therefore meant to facilitate the children's programme of inter-generational small groups.

You can use these Children's Materials to plan a children's programme of 45-60 mins (excluding worship, prayer, free play etc). The basic components are as follows and all or part of each component may be used in

**Activities / Games**

**Bible Story / Stories**

**Craft Work**

The suggestion is for parents to tell bible stories using materials or toys from home e.g. lego men figurines and/or puppets to represent bible characters etc. Play dough may also be creatively used from lesson to lesson to illustrate the bible stories.

It is essential that all parents pray and prepare before the "lesson" proper. In addition to studying the bible and specific references, the source book – Leviticus: A 12-week Study – should also be read. Indeed, the "lesson" is only the beginning and it is our heart's desire that you continue to walk with your children over these materials well *after* the "lesson". Amen.

### SUMMARY

What – Holy Communion

Why – After a restored fellowship with God, we share a meal in God's house

### GOALS FOR EACH CHILD

1. Understand the significance of Holy Communion and its components
2. Become aware of how we should approach God during Holy Communion
3. Prayer – We will understand that Holy Communion is a reminder of Jesus' death and resurrection on the cross
4. Prayer – God will help us to participate in Holy Communion in a worthy manner

# Lesson 3

## Sharing the Sacrifice Meal

### A. Activities / Games

#### A1. Sharing of observations made during Holy Communion in church (5-10 minutes)

This sharing session can be carried out in smaller groups of 3-5 children of varying ages with an adult facilitator. The facilitator can start by explaining that Holy Communion is a ritual carried out to remember Jesus and what He said to His disciples at the Last Supper. In our church, it is carried out once a month, on the first Sunday.

Ask each child to share what he or she had observe during the last Holy Communion that he or she attended in our church. The observations can cover areas like what was done by the Pastor and others, what was given out to them, the behaviour of people during Holy Communion and how they felt when they received the elements etc. Encourage the children to listen to the sharing of others in love and assure them it is a safe environment to share.

#### A2. Explaining the Liturgy of Holy Communion in detail (10-15 minutes)

##### Materials Needed

- An empty cup
- Some grape juice
- A piece of bread
- A list of the names of the six parts of the Holy Communion Liturgy (if the children are younger, use the names and the symbols that are in brackets). Cut each part out individually.

Holy Communion, also known as Eucharist or the Lord's Supper, is an important ritual that is carried out to remember what Jesus said and did at the last supper with His disciples before His death. Different churches carry out Holy Communion in a slightly different way. Holy Communion is carried out to remember Jesus' death and coming back to life.

The following Liturgy (which is the way Holy Communion is conducted) is the one used by our church, the Methodists. The different components are:

1. Invitation (Gate for entry)
2. Confession and Pardon (Sorry)
3. Great Thanksgiving (Thank You)
4. The Lord's Prayer (  )

5. Giving of the Bread and Cup (  )

6. Closing Prayer

#### 1. **Invitation**

- Jesus invites all who love Him to the table of Holy Communion.
- We go forward with faith in Jesus, telling God our sins and preparing ourselves to receive the bread and cup.
- Emphasis should be made about preparing our hearts before receiving the elements.

#### 2. **Confession and Pardon**

- We can go forward to the table for Holy Communion because of God's mercy and forgiveness of our sins.
- At this point, we tell God our sins and know that He forgives us of our sins.

#### 3. **Great Thanksgiving**

- We thank God for His great love for us in sending Jesus Christ to die on the cross for our sins.
- When Jesus died and came back to life again, He paid the price for our sins and saved us from death.

- At the Last Supper, Jesus took the bread, gave thanks to God and broke it. He gave the bread to give His disciples and said, "Take, eat, this is My Body which is given for you. Do this in remembrance of Me."
  - Jesus meant that His body was the sacrifice that was used to pay the price of our sins on the cross.
  - When the supper was over, He took the cup, gave thanks to God, gave it to His disciples and said, "Drink from this all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, to remember Me."
  - The cup represents the blood of Jesus Christ which cleanses us from our sins, so that we can be forgiven by God.
  - The bread represents the body of Christ.
  - The pastor will consecrate (which means to declare and make holy) the bread and grape juice to represent body and blood of Jesus Christ.
  - As we participate in Holy Communion, we remember that Jesus has died for us, and believe it.
- 4. The Lord's Prayer**
    - This is the prayer that Jesus teaches us in the book of Matthew 6:9-13.
  - 5. Giving of the Bread and Cup**
    - The bread which represents the body of Christ and the cup which represents the blood of Christ are given to us.
  - 6. Closing Prayer**
    - We give thanks to Jesus for His suffering, death and resurrection.
    - We give thanks to God for saving us from death and giving us fellowship with Him.
    - Holy Communion gives us a hint of the banquet that we will enjoy with God in heaven in future.

Divide the children into groups of 3-5 with varying ages. For each group, give them names of 6 different parts of the Holy Communion Liturgy and get them to arrange in the correct order.

## B. Bible Story

(Cf. Source Book – Pages 19-24)

Use the children's personal bible books to share the Bible Story. The goal of the sacrifices that the Israelites carry out in the tabernacle is to restore the fellowship between God and them. Hence after the sacrifices, the Israelites share a meal with God at the tabernacle. This points to the feast that God will host for His people in heaven, in future. The Holy Communion also gives us a hint of the heavenly feast that we, God's people, will enjoy with Him.

### The Lord's Supper (Luke 22:14-21) ICB

Verse	Suggested Emphasis	4-5yo	6-7yo	8-9yo
14	When the time came, Jesus and the apostles were sitting at the table.			♥
15	He said to them, "I wanted very much to eat this Passover meal with you before I die."	♥	♥	♥
16	"I will never eat another Passover meal until it is given its true meaning in the kingdom of God."			♥
17	Then Jesus took a cup. He gave thanks to God for it and said, "Take this cup and give it to everyone here."	♥	♥	♥
18	"I will not drink again from the fruit of the vine until God's kingdom comes."			♥
19	Then Jesus took some bread. He thanked God for it, broke it, and gave it to the apostles. Then Jesus said, "This bread is my body that I am giving for you. Do this to remember me."	♥	♥	♥
20	In the same way, after supper, Jesus took the cup and said, "This cup shows the new agreement that God makes with his people. This new agreement begins with my blood which is poured out for you."	♥	♥	♥

### The heart attitude at the Lord's Supper (1 Cor 11: 27-28) ICB

Verse	Suggested Emphasis	4-5yo	6-7yo	8-9yo
27	So a person should not eat the bread or drink the cup of the Lord in a way that is not worthy of it. If he does he is sinning against the body and the blood of the		♥	♥

	Lord.			
28	Everyone should look into his own heart before he eats the bread and drinks the cup.	♥	♥	♥

### C. Craft

#### C1. The bread and cup for Holy Communion (4-9yo)

##### Materials Needed

- Printed sheet of the cup and bread for Holy Communion
- White or brown and red paint
- Coloured pencils

- ✓ Objective: For the child to recognize the significance of the bread and the cup during Holy Communion.
- ✓ Each child is given a sheet of the cup and bread for Holy Communion (<http://getdrawings.com/french-bread-drawing#french-bread-drawing-5.gif>).
- ✓ Ask the child to use his or her fingerprint to print over the bread and cup, to fill up both pictures. The white or brown paint is for the bread and the red paint is for the cup.
- ✓ Write the words “this is the body of Christ” next to the bread and the words “this is the blood of Christ” next to the cup.
- ✓ Pray that each child will understand that Holy Communion is a reminder of Jesus’ death and coming back to life on the Cross.

Summary	Fingerprint painting	Writing of the words
4-5yo	Help please!	Help please!
6-7yo	I can do it!	Help please! / I can do it!
8-9yo	I can do it!	I can do it!

#### C2. Discussion and prayer (7-9yo)

- ✓ Please review 1 Cor 11:27-28 with the children.
- ✓ Give examples of how we eat of the bread and drink of the cup in an unworthy manner, for example, we simply eat and drink as normal food, approach the table laughing and chatting with each other etc.
- ✓ Emphasis on the importance of our heart as we approach God’s table for Holy Communion.
- ✓ Our action and behaviour will reveal what is on our heart.
- ✓ Pray with and over the children for God to help them to participate in Holy Communion in a worthy manner.

#### Acknowledgement for resources taken online:

1. <http://getdrawings.com/french-bread-drawing#french-bread-drawing-5.gif>

God Bless and Keep You. Thank YOU.