

# One BRMC Small Group Study

## Can I Be Me?

### Participant's Copy

Please note that this study guide accompanies the pulpit sermon on 17 May 2020.

#### Scripture Passage:

John 4:7-26, Genesis 25:27-34, 27:35-37

#### **Context:**

This Sunday, we celebrate Women's Society of Christian Services (WSCS) Sunday and we give thanks for the many ways that women have shaped and influenced our lives, be it spouses, mothers and friends. Women are integral in helping us find our identities in Christ.

Today's passages from John 4 and Genesis 25 and 27 shows three characters who struggled with their identities. The Samaritan woman at the well struggled as an outcast of her society and with broken relationships. Jacob and Esau struggled with their identities in various ways.

This study is an opportune time for us to reflect on our struggles with our identities and how we can find comfort and reassurances in our identity in Christ. It is also an opportunity to reflect on whether we could be a source of God's love to those who might be struggling with their identity.

#### Introductory

1. From Genesis 25:27-34 and 27:35-37, what characteristics and circumstances might have contributed to insecurities in the identity of Jacob and Esau?
2. What are some characteristics of the Samaritan woman's identity that casts her as an outcast? What makes this so remarkable that Jesus would still reach out to her?
3. Jesus told the woman at the well that those who drink of the water that He gives will never thirst again. (v13) What does this water represent?

## Reflection

4. What are some things in your life that may lead you to feel insecure about your identity?
  
  
  
  
  
  
  
  
  
  
5. As you think of these things that may make you feel insecure and challenge your identity, pause and take the time to bring it to God and lay it at His feet. How do you think your identity in Christ can surpass and cover these insecurities in your worldly identities?

## Application

6. Jesus said that 'the water that I will give him will become in him a spring of water welling up to eternal life.' (v14) Once we have received the living water in our lives, Jesus calls us to overflow with this water in our lives to the people around us. How can we share the living water with the people around us?

## Prayer

7. Write out a prayer for yourself based on what you have heard and learned from this session.

(a) What is in your heart for yourself?

- Perhaps you need to confess some hidden sin and bring it into the Light of Christ or perhaps you might need to surrender your insecurities and anxieties to God:

"Father in heaven, thank you for placing a mirror in front of me and revealing my sins and insecurities. Father, I am sorry for what I have done and for trusting in myself rather than in You. I now surrender these anxieties and insecurities to you, trusting in Your Word to cast my burdens onto Jesus because He cares for me. Fill me with the assurance of Your everlasting love.

In Jesus' name. Amen"

(b) What is in your heart for others?

- Perhaps you feel led to pray for those who are struggling with insecurities and anxieties. Give them to the Lord:

“Merciful Father, I thank you for *(name/s of family and/or friend/s)*. Lord, I trust that you are Sovereign over their life. I surrender *(name/s of family and/or friend/s)* to You and rely on Your promise that You will cause all things to work for the good of those who love You and are called according to Your purposes. Give me wisdom as to how to minister to them and show them how much You love them. In Jesus’ name, Amen.”

- It is always useful to collate these prayers and to refer to them for thanksgiving and sharing next week.