

## **He is my Rock and Salvation**

*"Truly he is my rock and my salvation; he is my fortress, I will not be shaken."(Psalms 62:6)*

### **REFLECTION**

In times of uncertainties, when we can be easily shaken and flustered, we do not need more trouble or burden. What we need is something or someone who will give us stability, strength and security to guide us through the storms and dark valleys of life. But we need to choose wisely. There will always be charlatans and false teachers who will offer what might look like attractive solutions for tough times. The Bible warns us against such people. We should take heed to avoid them. It is better that we follow the Psalmist by looking to God who is "Truly my rock and salvation" than being swayed by teachings which are questionable. God who reached out to humanity when Jesus entered the world at the first Christmas, is the One we should turn to for protection. He is the One who will keep us well-grounded to withstand and overcome the trials which may come our way.

### **PRAYER**

*"O LORD, our Rock and Redeemer. Thank you for watching over us and providing us our daily necessities. Strengthen our relationship with you, and keep us faithful as your children, always seeking to follow your will for our life and finding joy in doing the works of your kingdom. Amen."*

### **SUPPLICATION**

- We thank God for the vaccines which are now being rolled out in different countries. Pray that they will be found efficacious in healing those suffering from COVID-19 and also in helping to stop the spread of the coronavirus.
- Pray too for those people from poorer countries who might be left out in distribution of vaccines. Pray that the richer countries as well as the pharmaceutical companies will cooperate to ensure that affordable vaccines will reach the poor, no matter where they live.

- 2020 is coming to an end. It has been a terrible year. Yet when we pause and reflect on how the Lord has guided us through the months, there are still many blessings which we can be thankful for. Most of us can thank God for our loving family, supportive friends, secure jobs, good health and relative peace. (You may add other blessings to offer thanks to God.)
- Keep in prayer Christians who have dedicated themselves to serve God as pastors, church ministry staff, theological educators, and missionaries. We thank God for their service and their dedication to the works of God's Kingdom. However, as the Bible has reminded us, the harvest is plentiful but there is always a shortage of labourers. We pray that as God calls, more Christians, who love the Lord and their neighbours, will answer His invitation to serve in full-time ministry.

*"Thou art my Rock, O blessed Redeemer;  
Thou are my Refuge where I might hide;  
Thou art my Rock to shelter and bless me;  
Ever in Thee I safely abide.*

*Thou art my Rock, O blessed Redeemer;  
Thou art my Friend and Thou art my Guide;  
Thou art my Hope and Thou art my Saviour,  
Thou art my Trust; in Thee will I hide."  
(Mrs. Frank A. Breck)*

***If you need any prayer or pastoral care support,  
kindly contact the pastoral care team via:***

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