

## **QUIET TRUST**

*"The Lord is good to those whose hope is in Him, to the one who seeks Him; it is good to wait quietly for the salvation of the Lord."*

*Lam.3:25,26*

### **REFLECTION**

Imagine a swan gracefully floating across a calm river but actually it is paddling frantically beneath the water level in order to get away from a predator lurking in the water. Sometimes we can identify ourselves with the swan especially in situations where crises meet us in life. We try not to panic while we attempt to find solutions to get ourselves out of the difficult situation. It is not easy to remain calm and graceful.

The prophet Jeremiah might have felt the same way when he found himself in moments of crises. Whom could he turn to? Whom could he trust to save him? How would he escape danger and would he survive? He felt lonely and helpless. Yet, he was not alone. The words he penned above reveal that even though he faced dangers and harm to his life he was able to remain calm and confident, trusting in the Lord who is his salvation. It did not mean that he was not afraid or did not sense fear. But he was assured of a greater power that existed in his life – that is the sovereign Lord himself. Thus, Jeremiah's focus was not on his situation, as real as it may be, but it was on the Lord Almighty. This enabled him to say, "*it is good to wait quietly for the salvation of the Lord.*"

Are you facing a situation which is difficult or challenging and which seems to have no way out? Come before the Lord's presence and seek Him. Instead of telling Him what or how you want things to be done, confess to Him what you are facing, how you are feeling and what you are inclined or tempted to do. But then acknowledge the Lord as your only hope and deliverer. Surrender yourself into God's will and ways, and allow Him to work His purpose in your life, quietly trusting that "*the Lord is good to those whose hope is in Him, to the one who seeks Him.*"

### **PRAYER**

*Heavenly Father, when my life seems to be overwhelmed with challenges that are beyond what I can bear, grant me a quiet confidence in Your goodness and love towards me, so that I may not be shaken, but have the*

*peace to trust in You and be steadfast in my faith in You. This I ask in Jesus' name. Amen.*

### **SUPPLICATION**

- As we enter the season of Lent, it is a timely reminder for us to quietly and willingly submit ourselves to God, His will and His ways. Pray for a heart and spirit that is willing to wait upon God. Allow Him to do His work in moulding us to be more like of His Son, Jesus Christ. Let His kingdom come and His will be done in and through our lives. Pray that this be also true for the church also.
- Many are still affected by the COVID pandemic and finding ways to resolve their problems and recover to normalcy. Pray for these people to find hope in God who alone can truly save. May they come to know Jesus Christ and experience His life-changing love and peace which He alone can provide. Pray for God-ordained moments where they can hear the gospel of Jesus Christ and get the chance to believe and be saved. Pray for faith to be awakened in their hearts by the Holy Spirit.
- While the world tries to manage the COVID pandemic via vaccinations and travel measures, many other issues surface that complicate the attempts to bring stability to communities and lives of the people. Pray for God's sovereign grace and peace to reign over the hearts and minds of political leaders to rule their nations fairly and justly. Pray for the citizens in trouble-affected countries to respond respectfully and wisely to each other that would promote peace and stability in their communities. Pray that they would all focus on issues that truly important so as to bring about greater and common good rather than on their own personal agenda.

*"In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it."*

*Isa. 30:15*

***If you need any prayer or pastoral care support, kindly contact the pastoral care team via:***

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