

03 February 2021

Dear BRMC family,

Greetings! I trust that you have been keeping well and safe in our Lord Jesus Christ.

We have mentioned over the past month that we will be providing a means for those worshipping with us at home to partake in Holy Communion, and I am happy to share that from **7 March 2021**, our church will be administering Holy Communion remotely.

**What you need to know**

With the launch of remote Holy Communion, we will be reverting to celebrating Holy Communion only on the **first Sunday of each month**, beginning March 2021. For those who wish to partake in Holy Communion remotely during our live stream services:

1. Please register for a set of elements **via CHURCH CENTER** every month.
2. Reserve only what you need for yourself / family / friends.
3. Collect your elements **two weeks before** the Holy Communion service from the church office on the date you indicated in your registration.

More details can be found in the registration form [HERE](#) or via the following link:  
<https://brmcsg.churchcenter.com/registrations>

Regardless of where you might be physically, Holy Communion is a sacrament and a spiritual act of worship. To guide you, a Participant's Guide is attached.

For those attending our **services at the Sanctuary**:

1. Register for any of our services **via CHURCH CENTER** (walk-ins are not allowed).
2. Use only the **TraceTogether** app or token to check-in on arrival to church.
3. Do not register for remote Holy Communion if you are intending to worship at the Sanctuary on the first Sunday.

**Please subscribe to our official communications channels for more updates:**

- **Website:** [www.brmc.org.sg](http://www.brmc.org.sg)      **Telegram:** <https://t.me/brmcsg>
- **Facebook:** <https://www.facebook.com/BarkerRoadMethodistChurch/>

I look forward to all of us gathering around the Lord's Table as one church family soon!

Grace and Peace,



Rev Wendy Watson  
Pastor-in-Charge  
Barker Road Methodist Church

## REMOTE HOLY COMMUNION PARTICIPANT'S GUIDE

- **Who can partake in remote Holy Communion?**

Holy Communion, whether at church or at home, is a celebration for all who confess their love, hope and trust in Jesus Christ. Those who are not of the Christian faith are asked to refrain from partaking in this sacrament and encouraged to find out more about who Jesus is and the significance of Holy Communion. These elements are meant to be partaken at your home during any of the BRMC live streamed services on the first Sunday of each month beginning 7 March 2021.

- **How to handle the elements?**

The elements you received from church have been consecrated. Therefore, the consecrated bread (the Body of Christ) and consecrated wine (the Blood of Christ) should only be handled by members of the body of Christ (Christians) with care and reverence. For proper storage, the elements need to be kept in a cool, dry space, away from direct-sunlight. If you have collected elements for your family (not from the same household) and friends, please deliver it to them in person before the first Sunday of each month.

- **How to prepare for Holy Communion at home?**

Before the service, a mature member of the household can be chosen to be the Communion Assistant. During the service, the Communion Assistant will serve the elements to those partaking of the meal. Place the elements on a raised, flat surface (e.g. table) and *if available*, place the elements on a tray or plate and cover the elements with a plain piece of white cloth or serviette.

- **What to do during the service?**

During the ritual of Holy Communion (on the live stream), the Communion Assistant should fold the cloth (or serviette) neatly and place it aside. Remember not to place the elements on the floor. When prompted by the celebrant/pastor on the live stream (during the distribution in the sanctuary), the Communion Assistant should likewise distribute the elements to those gathered at your home for worship.

Do not open the packs and consume the elements until prompted by the celebrant/pastor on the live stream. We will consume the elements together (in the sanctuary and at home) as a body of Christ. After we have partaken of the elements, the remaining elements should be returned to the tray or plate and covered again with the cloth or serviette.

- **What to do with the unconsumed elements after the service?**

Do not discard any elements that are not consumed during the service. After the service, the Communion Assistant should consume any remaining elements or pass them to others who have participated in the service to consume. Please do not keep the remaining elements for the next month. Please collect a fresh set of elements every month so that we can share in the same table together each month.