

TRUST IN THE LORD

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your path.

Proverbs 3:5-6

REFLECTION

There are things in life which are given. Among them is the fact that at different points in our life, we have to make decisions which will affect our current wellbeing and our future. In most occasions decisions are easy to make because the options are clear and straightforward. In such a time, we don't have to be too concerned that our decision will have any negative impact on us or our family. However, life is not always smooth sailing. Sometimes decision may be extremely difficult especially when we do not have much of a choice and nothing to work on because the future direction looks bleak.

Of course it is our desire that life will be kind us so that when we have to make decisions, we will not be encumbered by too many worries and uncertainties. But what if we have to deal with uncertain times and we are over-burdened by health issues, job insecurity and mental stress brought about by conflicting demands from unreasonable boss, scheming colleagues, unhelpful spouse, our vulnerable children and care for our aging parents?

In moments when we feel the load is too much for us to carry and we are not sure how to weather the storm, we may want to turn to and take counsel from the words of wisdom found in Proverbs 3:5,6.

Yes, we can turn to counsellors and friends for advice in our time of crisis. We may seek "expert" help to solve pressing problems. These are good first steps to take. But the best approach for Christians is learning how to place our trust in God. That does not mean doing nothing other than waiting for something to happen. It means telling God we need His help and we will place our trust in His guidance. When we trust God, He may bring about inspired moments when we see a solution to help us out of a predicament which we might not have seen before. He may bring us a friend who can journey with us and provide us with reliable advice and practical support.

Learn to trust in God when you are at wits' end instead of depending on your own worn out strength and limited human understanding.

PRAYER

Father God, thank you for your presence and guidance in our life. You have taken care of our needs and most of us have been blessed to have warm family, caring friends and a secure job. Although the future may seem unpromising because of the long-drawn pandemic, yet we want to trust you to help the world overcome the current pandemic and to bring us out of the crisis. We entrust our future to you, knowing that you will watch over us and help us emerge stronger and healthier. In the name of Jesus. Amen

SUPPLICATION

- Thank God for the people who have been working very hard often beyond their call of duty, and usually behind the scene, to attend to the needs and challenges brought about by the COVID pandemic. Thank God for the healthcare workers, the doctors, the scientists, the porters, ambulance attendants, police, and cleaners. Ask God to protect them and their families, and to give them good health.
- Pray that our Lord will extend His healing hands to those who are sick. Name to God those we know who have been unwell and ask that our Lord will have mercy on them, touch them and restore their health.
- For countries still struggling to cope with high number of people stricken by different strains of COVID-19, pray that they will receive timely medical care and that they will have adequate supply of vaccine for the population
- Ask God to keep Christians faithful in our walk with Him. We pray that Christians will seek to follow the teachings of our faith and be people marked by the love of God. We pray that our Lord will give wisdom and courage to Christians to seek first His kingdom and righteousness and reject godless distractions and values of the world.

"Trust and Obey, for there is no other way to be happy in Jesus.

But to trust and obey."

John Henry Sammis

If you need any prayer or pastoral care support, kindly contact the pastoral care team via:

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