

## **UNSHAKABLE**

*Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken.*

*Psalms 55:22*

### **REFLECTION**

What do you do when troubles are so up close like a lion or bear staring at you in the face? Would you run for your life, tremble in fear, be paralyzed, or keep calm and remain steady?

King David had many experiences with danger, as a shepherd, with wild animals. He also encountered external enemies that threatened the nation of Israel. But on this occasion, threats were coming from within his own community or circle of friends whom he once knew, lived and worked together. These "companions" have turned against him and caused him much mental and emotional hardships. This made it all the more difficult for him to accept and bear.

How did King David respond under such circumstances? He wished he could have fled from this uneasy situation, away from all his troubles to a place where he could find "rest" for his soul. But he could not do so; he had to face his fears and pain. Yet, King David called on the Lord and pleaded with Him to save and deliver him from all his troubles within and without. He experienced the Lord's protection and was delivered in due process. It must have been a very intense period of beseeching the Lord's attention and waiting on Him until he finally saw the Lord's hand intervening in his circumstances. Thus, King David was able to reaffirm his faith and trust in God who cared and sustained him, even though troubles were near and around him.

Are you facing a situation that is causing you to fear and feel helpless, sometimes even anguish to the point of despair? Bring your concerns and feelings, even your reactions, to God and allow Him to work His deliverance in your life. It is ok to tell Him about what you are experiencing and the struggles you have. The Lord cares for you and will sustain you by His grace.

### **PRAYER**

*Heavenly Father, sometimes the troubles around us can overwhelm us with much fear and hide You from our sight and mind. At such times, please calm our hearts and turn our attention to You, for You do care for us and protect us from all dangers. Cause us to recall Your goodness, promises and truth found in Your word, and help us to stand firm in them. We ask this in Jesus' name. Amen.*

### **SUPPLICATION**

- Take the time to be still before God. Picture yourself bringing before God your troubles even though they appear big and fearful. Tell God about what these troubles are and how they affect you in your thoughts, emotions and behaviour. Also tell Him about your hopes and needs in view of your troubles. In this quiet space allow Him to speak to you His presence, peace and provision.
- Do you know people who are troubled by the events happening around them? Do they have an intimate relationship with God? Commit them to God's prevenient grace and for the Holy Spirit to work His purposes and will in their lives. Do any of them need God's comfort and encouragement? Seek the Lord for wisdom to know how you may be His instrument of peace and help to them.
- The Church, local and global, has been "shaken" in its ministry and worship of God by this pandemic and global unrest in unprecedented ways. Pray for God's sustaining grace to be upon the Church leaders and in the lives of believers that they would not turn away from God in apostasy or even compromise for a lesser easier commitment. Pray that God would help them to remain faithful and not give up or give in to worldly ways.
- Various geo-political, socio-economic and climate-change events happening around the world seem to indicate that things are not getting better. In such a setting pray for God to intervene in the hearts and minds of leaders who can influence their respective nations to take steps to make the right choices and decisions for the good of their people. More importantly, pray that God will open the hearts and minds of those who have yet to believe and receive Jesus as their Lord and Saviour.

*Faith is not believing in my own unshakable belief. Faith is believing in an unshakable God when everything in me trembles and quakes.*

*Beth Moore.*

***If you need any prayer or pastoral care support, kindly contact the pastoral care team via:***

***Email: [wecare@brmc.org.sg](mailto:wecare@brmc.org.sg)***

***Contact: 6592 4011 or 6592 4012***