

## PRAYER BULLETIN #158, 03NOV2021

### FEAR SHALL NOT PREVAIL

*Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation.”*  
(Isaiah 12:2)

#### REFLECTION

Fear is constant. We can never get away from fear and most of us find ways to manage it. We can take deep breathes, visualize a calm place in our minds or find someone we trust to talk to. We can also face our fears and reward ourselves thereafter. The Covid pandemic has exacerbated our fears. We have deep concerns for the health of our loved ones and for the uncertainties of how this pandemic will pan out even as its effects are already keenly felt in our daily lives and in the world. How can we manage in this deep crisis?

While we cannot control the circumstances that contribute to our fears, we can choose not to live in fear or be paralyzed by it. We can live with fear still present but without allowing fear take over us and debilitate us. We can do so by choosing to tap into the nurturing and nourishing reality of a God who saves. Isaiah emphasizes for us that this is the Lord who saves. When the Lord takes the chief place to rule our hearts, He becomes our strength and defense. Fear is dethroned and loses its grip over us, and we can press on as we put our trust in His strength.

Have we been trusting in ourselves or our abilities instead of God Himself? The Lord wants to free us from our fears. We only need to trust in Him. Have we been our own defense during this time of crisis? God is our salvation. The gift of salvation seals us in God as His children who have a guaranteed inheritance of the Holy Spirit to protect and preserve us. God is the foundation of our confidence. The Bible tells us not to fear. Jesus says to us: “Do not be afraid.” Meditate on these passages assures us that our God is a fear-conquering God. Read these verses often to crush every fear. Pray these verses daily. Trust in Him and we would not have to bow down to fear.

#### PRAYER

*Lord Jesus our salvation, thank You for being our strength and defense. You look out for us. You love and protect us. Though the world is filled with fear and uncertainty, You remain forever our confidence and comfort, and You pick us up when fear debilitates us. Teach us, then, to trust in You always. Amen.*

#### SUPPLICATION

- Thank God for He is our Refuge and Strength, our help in times of need. Pray for those struggling by their own strength in personal or family crisis. Pray for divine appointments and godly intervention. Pray for churches and para-church organizations or government agencies to offer tangible and practical help to those in need of assistance.
- Thank God for He is our Vindicator. Pray for the vulnerable, especially the migrant workers who need the protection of the law. Pray for legal defense to be made available to them. Ask God to raise more lawyers and translators to assist migrant workers who need pro bono legal help.
- Thank God for He is our Help and Shield, and He is fully trustworthy. Pray for the children, elderly and those with special needs that they will be protected from abusive caregivers. Pray against domestic violence and spousal abuse. Pray for timely intervention to free the abused from their abusers.
- Thank God for He is our King. Pray that Christians will enthrone Jesus as Lord of their lives. Pray that every believer will share the Good News of the Kingdom of God with those they come in contact with. Pray that they will do so by speaking about the Story of Jesus and living a life that reflects the love of God.

*“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”*  
(Isaiah 41:10)

***If you need any prayer or pastoral care support, kindly contact the pastoral care team via:***

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