

**SPIRITUAL CHEMOTHERAPY FOR THE
TUMOUR OF SIN**

*Whoever conceals their sins does not prosper,
but the one who confesses
and renounces them finds mercy.
Proverbs 28:13*

REFLECTION

No one likes others to see their weakness or to know about the problems that they are facing in their life. On Facebook and Instagram, people post the best of themselves for all to see, omitting the moments in their life that are embarrassing or shameful. It is the same in our Christian life. Because we are afraid to be judged or rebuked in church, we hide our sins deep inside the closet of our hearts, away from others. And then we put up a cover of Christian goodness for all to see.

However, concealing sin is like trying to hide a malignant tumour. No one knows about it and we can pretend that it does not exist, but the cancerous cells of sin will grow and spread throughout our spirit and our life. It does not matter how well we conceal it from others or pretend it is not there, eventually our sins have the power to infect and take over us if we do not deal with them. This is why the author of this proverb says that the people who conceals their sins does not prosper. In fact, they would only grow more spiritually sick and some might even experience spiritual death because of their sins.

Before that happens, we need to bring our sins before the Lord, confessing and renouncing them, so that we can receive His "spiritual chemotherapy" that will destroy the tumour of sin and bring us spiritual healing. But if we are afraid that in revealing our sins to the Lord that He will reject us, we can be assured that our God is merciful. As 1 John 1:9 says, "If we confess our sins, [God] is faithful and just and will forgive us our sins and purify us from all unrighteousness." It is only by humbly repenting of our sins before God that we are able to receive His mercy. It is only in being honest with God about the spiritual condition of our heart that He will enter in to completely remove the tumour of sin in our life.

PRAYER

Dear Lord, You are our merciful God who is able and willing to forgive us of our sins and purify us from all unrighteousness! Teach us to confess and renounce our sins before You so that we can experience Your forgiveness and healing in our lives. Help us to resist the urge to conceal our sins because of fear or shame. Instead, give us the courage to confess them honestly and in humble repentance to You. Amen.

SUPPLICATION

- Let us thank God that despite the increase in COVID-19 cases in Singapore recently, we can still hold weekly physical worship services in church. Let us remember that coming to church is our "act of worship" and not so much out of convenience.
- Let us pray for more of the BRMC congregation to see the importance of gathering together for corporate worship in church. Let us also pray that they will be filled with the fear of the Lord instead of fearing the COVID-19 virus.
- Let us pray for those who are unvaccinated in Singapore that the Lord will grant them His protection from the virus and also against feelings of isolation in the community.
- Let us pray for the people of India and Nepal who have been affected by floods and landslides. We pray for the Lord's comfort over the grieving families of the nearly 200 people who have died in the disaster so far. We also pray for those who are still missing, that rescuer will be able to find them in time.

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

- 1 John 1:9

If you need any prayer or pastoral care support, kindly contact the pastoral care team via:

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