

## **PLACE YOUR TRUST IN GOD**

*"You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world."*

1 John 4:4

### **REFLECTION**

Most people are usually calm about life even when they had to deal with occasional rough patches in their life journey. There are, however, those who may find the burden they have to carry too demanding, if not disturbing, especially when the problems that beset them seem to have no end in sight.

When someone is overwhelmed by turmoil in life they may blame the trouble they face to the presence of evil spirits in our world, disturbing their peace and health. This is possible, though in most cases a troubled person may find release and relief through prayer, counselling and care or medical attention.

But even if one still feels strongly that one is under some spiritual attacks, that person does not need to feel oppressed. He can overcome the demonic spirits.

The truth of the matter is that we do not have to fear any spirit at work in this fallen world. John in his letter reminded Christians under his pastoral care that God has already disarmed the evil one.

Whatever the evil spirits might try to do to discourage Christians and to disturb our peace, keep in mind that we are children of the victorious Lord; the Almighty and all-conquering God. We do not have to be afraid of the evil one, nor should we be crippled by irrational fear. The good news is that "the one who is in you is greater than the one who is in this world."

### **PRAYER**

*"Almighty God, in those times when we are troubled by spiritual disturbances which made us fearful of our mental state and spiritual well-being, remind us that You are the One who has defeated the evil one. Help us to entrust ourselves to You and Your protection for us to live a life of faith and hope, so that*

*we will not be distracted by the disruptive forces of the evil one. In Christ's name we pray. Amen."*

### **SUPPLICATION**

- We offer our thanks and gratitude to our heavenly Father for the privilege of being accepted into His Kingdom, and the right to become the children of God. We are thankful that with God as our Father, we shall fear no evil.
- The Covid-19 pandemic and the war in Ukraine have impacted the economic order of the world. There is now a crisis of supplies of medicine, basic food and petrol. This has brought about higher cost to goods and services. Ask God to have mercy upon us. Pray for the reopening of the supply line and access to inexpensive medicine and food.
- In a world that is largely fragmented and in need of visionary leaders with courage, wisdom, clarity of thought, integrity and a deep commitment to building the common good, we pray that God will raise up such leaders to provide trustworthy and competent leadership in the political arena, the academia, the business world, and the religious institutions.
- Pray that Christians will find it a joy to share the Good News of Jesus Christ with their friends and family members. Pray that they will seek to be the salt and light of the world, directing people to the living Lord.

*"He that is in us is greater than he that is in the world.*

*Therefore I will sing and I will rejoice  
For His spirit lives in me.*

*Christ the living One has overcome  
And we share in His victory."*

Graham Kendrick