

## LECTIO – BRMC’s Bible Reading Journey

Date	Scripture Reference
Tue, 22 Apr 2025	Ps 74:1-23
Wed, 23 Apr 2025	Ps 75:1-10
Thu, 24 Apr 2025	Ps 76:1-12
Fri, 25 Apr 2025	Ps 77:1-20
Mon, 28 Apr 2025	Ps 78:1-11
Tue, 29 Apr 2025	Ps 78:12-31
Wed, 30 Apr 2025	Ps 78:32-55
Thu, 01 May 2025	Ps 78:56-72
Fri, 02 May 2025	Ps 79:1-13
Mon, 05 May 2025	Ps 80:1-19
Tue, 06 May 2025	Ps 81:1-16
Wed, 07 May 2025	Ps 82:1-8
Thu, 08 May 2025	Ps 83:1-18
Fri, 09 May 2025	Ps 84:1-12
Mon, 12 May 2025	Ps 85:1-13
Tue, 13 May 2025	Ps 86:1-17
Wed, 14 May 2025	Ps 87:1-7
Thu, 15 May 2025	Ps 88:1-18
Fri, 16 May 2025	Ps 89:1-18
Mon, 19 May 2025	Ps 89:19-37
Tue, 20 May 2025	Ps 89:38-52
Wed, 21 May 2025	Ps 90:1-17
Thu, 22 May 2025	Ps 91:1-16
Fri, 23 May 2025	Ps 92:1-15
Mon, 26 May 2025	Ps 93:1-5
Tue, 27 May 2025	Ps 94:1-13
Wed, 28 May 2025	Ps 94:14-23
Thu, 29 May 2025	Ps 95:1-11
Fri, 30 May 2025	Ps 96:1-13
Mon, 02 Jun 2025	Ps 97:1-12
Tue, 03 Jun 2025	Ps 98:1-9
Wed, 04 Jun 2025	Ps 99:1-9
Thu, 05 Jun 2025	Ps 100:1-5
Fri, 06 Jun 2025	Ps 101:1-8
Mon, 09 Jun 2025	Ps 102:1-17
Tue, 10 Jun 2025	Ps 102:18-28
Wed, 11 Jun 2025	Ps 103:1-22
Thu, 12 Jun 2025	Ps 104:1-15
Fri, 13 Jun 2025	Ps 104:16-35
Mon, 16 Jun 2025	Ps 105:1-22
Tue, 17 Jun 2025	Ps 105:23-45
Wed, 18 Jun 2025	Ps 106:1-15
Thu, 19 Jun 2025	Ps 106:16-31
Fri, 20 Jun 2025	Ps 106:32-48
Mon, 23 Jun 2025	Ps 107:1-22
Tue, 24 Jun 2025	Ps 107:23-43
Wed, 25 Jun 2025	Ps 108:1-13
Thu, 26 Jun 2025	Ps 109:1-15
Fri, 27 Jun 2025	Ps 109:16-31

### DAILY DEVOTION

**DATE** <insert date>

**READ** <insert Scripture text>

Pick out a verse(s) that captures your attention. Write it in your journal.

**REFLECT**

Reread the passage a few times; listen to what the Father is saying. Pen down what comes to mind. Draw a picture if you like.

**RELATE**

How does the verse(s) relate with your life/relationships right now? What is one way you can live out the Word today?

**REST**

Spend a minute or two in silence. Rest in His love and goodness. Pen your prayer to God for today.

### EXAMEN (on Saturdays)

1. Become aware of God’s presence.

Take your time to settle yourself. Close your eyes and breath in deeply and out. Allow yourself time and space to get into a posture to be in tune with the Holy Spirit.

2. Review the week with gratitude.

Ask the Holy Spirit to review the week that has passed. Recall some of the high and low points of the week.

3. Identify a few experiences from the past week and pray from it.

Pay attention to your emotions. Take a moment to give thanks for each of these experiences, be they “highs” or “lows”. Ask God for forgiveness in areas where you have fallen short. Pray for grace, wisdom, and new opportunities to glorify Him.

4. Look toward the new week.

Pray and commit the coming days to the Lord. Be as specific as you can.



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Date	Scripture Reference
Mon, 30 Jun 2025	Ps 110:1-7
Tue, 01 Jul 2025	Ps 111:1-10
Wed, 02 Jul 2025	Ps 112:1-10
Thu, 03 Jul 2025	Ps 113:1-9
Fri, 04 Jul 2025	Ps 114:1-8
Mon, 07 Jul 2025	Ps 115:1-18
Tue, 08 Jul 2025	Ps 116:1-19
Wed, 09 Jul 2025	Ps 117:1-2
Thu, 10 Jul 2025	Ps 118:1-15
Fri, 11 Jul 2025	Ps 118:16-29