BARKER ROAD METHODIST CHURCH

LECTIO – BRMC's Bible Reading Journey

Date	Scripture Reference
Mon, 2 Nov 2026	Phil 1:1-2
Tue, 3 Nov 2026	Phil 1:3-8
Wed, 4 Nov 2026	Phil 1:9-11
Thu, 5 Nov 2026	Phil 1:12-18
Fri, 6 Nov 2026	Phil 1:19-26
Mon, 9 Nov 2026	Phil 1:27-28
Tue, 10 Nov 2026	Phil 1:29-30
Wed, 11 Nov 2026	Phil 2:1-4
Thu, 12 Nov 2026	Phil 2:5-8
Fri, 13 Nov 2026	Phil 2:9-11
Mon, 16 Nov 2026	Phil 2:12-18
Tue, 17 Nov 2026	Phil 2:19-24
Wed, 18 Nov 2026	Phil 2:25-30
Thu, 19 Nov 2026	Phil 3:1-3
Fri, 20 Nov 2026	Phil 3:4-6
Mon, 23 Nov 2026	Phil 3:7-11
Tue, 24 Nov 2026	Phil 3:12-14
Wed, 25 Nov 2026	Phil 3:15-19
Thu, 26 Nov 2026	Phil 3:20-4:1
Fri, 27 Nov 2026	Phil 4:2-3
Mon, 30 Nov 2026	Phil 4:4
Tue, 1 Dec 2026	Phil 4:5
Wed, 2 Dec 2026	Phil 4:6
Thu, 3 Dec 2026	Phil 4:7
Fri, 4 Dec 2026	Phil 4:8
Mon, 7 Dec 2026	Phil 4:9-12
Tue, 8 Dec 2026	Phil 4:13
Wed, 9 Dec 2026	Phil 4:14-17
Thu, 10 Dec 2026	Phil 4:18-19
Fri, 11 Dec 2026	Phil 4:20-23

DAILY DEVOTION

DATE <insert date>

READ <insert Scripture text>
Pick out a verse(s) that captures your attention. Write it in your journal.

REFLECT
Reread the passage a few times; listen to what the Father is saying. Pen down what comes to mind. Draw a picture if you like.

RELATE
How does the verse(s) relate with your life/relationships right now? What is one way you can live out the Word today?

REST
Spend a minute or two in silence. Rest in His love and goodness. Pen your prayer to God for today.

EXAMEN (on Saturdays)

1. Become aware of God's presence.
Take your time to settle yourself. Close your eyes and breath in deeply and out. Allow yourself time and space to get into a posture to be in tune with the Holy Spirit.

2. Review the week with gratitude.
Ask the Holy Spirit to review the week that has passed. Recall some of the high and low points of the week.

3. Identify a few experiences from the past week and pray from it.
Pay attention to your emotions. Take a moment to give thanks for each of these experiences, be they "highs" or "lows". Ask God for forgiveness in areas where you have fallen short. Pray for grace, wisdom, and new opportunities to glorify Him.

4. Look toward the new week.
Pray and commit the coming days to the Lord. Be as specific as you can.